



HAIR & BEAUTY

Welcome to the School of Hair and Beauty at Kingston College

This publication is designed to provide you with information about the variety of short courses available within Hair and Beauty School at Kingston College.

Arena Hair and Beauty is open throughout the year. This unique centre offers specialist facilities which benefit students, employers and clients. Arena's resources provide the professional environment needed to meet today's strong fashion culture within the industry.

Continual Professional Development

At Kingston College the Hair and Beauty School also considers industry professionals who want continue developing their career. Two of these courses are:

Level 2 Award in Contact Dermatitis Prevention:

This is a distance learning course. The aim is to provide an awareness of work-related contact dermatitis. The knowledge acquired through the course will enable you to identify, understand and explain the signs and symptoms of contact dermatitis, its causes and methods of prevention.

Level 3 – A1 Certificate in Assessing Candidates Using a Range of Methods:

This course is intended for candidates who have achieved a level 3 qualification or equivalent and would like the opportunity to become an assessor. As a large part of the course involves collecting evidence by recording observations of assessment, this needs to be done in the work place.



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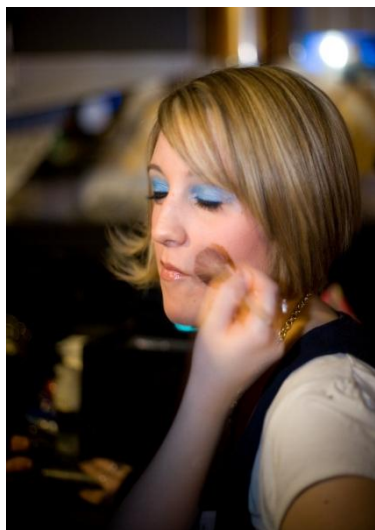
Beauty Therapy

- Have you ever thought you would like to become a Beauty Therapist but are unsure where to start?
- Have been put off by the length of the course and the cost and commitment involved?

At Kingston College we can offer you a flexible route to achieve your goal. We give you the option of choosing the full time level 2 and 3 NVQ route or short, specialist courses which will only require a commitment of three hours per week.

All the VTCT Beauty Therapy courses require the achievement of the **Diploma in Health & Safety**. This can be delivered on a Saturday or can be incorporated within the VTCT course. This qualification is only required once therefore if subsequent courses are enrolled on the Health and Safety Diploma it does not have to be repeated.

If you are already a qualified Beauty Therapist perhaps there are some areas that you need to update. If so, we can offer you a **10 Hour Refresher Package**. The 10 hours can be used with any of our courses where a prior qualification is held.



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MAKE-UP COURSES

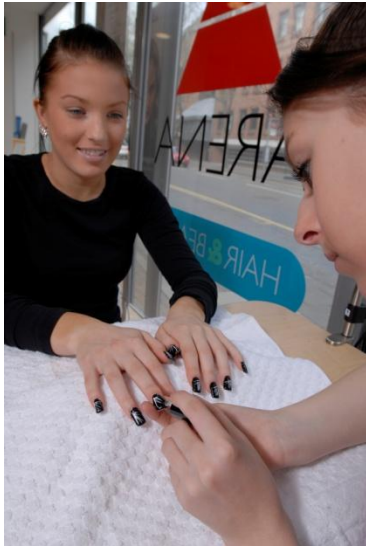
The **VTCT level 2 Certificate in Cosmetic Make-Up** is designed to develop knowledge of cosmetic make-up, eye treatments and personal presentation. Progression from this certificate can include:

VTCT Level 2 Certificate in Fashion and Photographic Make-Up which includes photographic techniques and lighting effects;

VTCT Unit Credit in Theatrical Character Make-Up where the emphasis is on the application and use of facial hair pieces and wigs as well as straight theatrical/ pantomime, animal characters, fantasy and historical make-up.

VTCT Unit Credit in Special Effects and Media Make-Up. Special Effects include scars, cuts, bruising, blood, ageing and obesity.

College Certificate Long Hair and Bridal. This course is particularly aimed as a progression from the Cosmetic Make-Up course for beauty students or hairdressers who need to improve their skills



ARENA

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Nail Treatments

The **VTCT Level 2 Certificate in Nail Treatments (Manicure and Pedicure)** is designed to develop professional skills in this specialised subject. This course qualifies you to provide manicure and pedicure services; including shaping, preparing and varnishing nails. Progression from this certificate can include:

VTCT level 2 Certificate in Nail Technology.

The course content includes false nails, nail extensions, natural overlays and nail wrap and repair

VTCT Certificate in Nail Art.

The course content includes rhinestones, foil, striping tape, transfers, marbling, opalescent blending and hand painted designs.



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Level 2 Beauty Therapy

The **VTCT Level 2 Diploma in Beauty Specialist Techniques** is a one year modular programme of study. Course content includes: Facial massage and skin care, make-up treatments, eye treatments, manicure and pedicure, depilation, ear piercing and cosmetic tanning

If you would prefer to study only selected units of the qualification we can offer the following:

VTCT Certificate in Facial Massage and Skin Care:

The course content includes; facial anatomy and physiology, skin analysis and care, superficial deep cleansing, steaming and extraction, facial massage and mask application.

VTCT level 2 Certificate in Depilation:

The course content provides wax depilation using both hot and warm wax techniques.



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Level 3 Beauty Therapy

So that you have the freedom to study the areas you are most interested in we are not offering the Level 3 Beauty Therapy as a complete package but as individual qualifications

VTCT Level 3 Diploma in Epilation:

Epilation is the permanent removal of excess hair growth with the use of an electrical current. The course includes the application of Diathermy/ galvanic and blend current and Anatomy and Physiology.

These qualifications can all be studied simultaneously as the course has been designed so that all three take place on the same day each week but at different times.

VTCT level 3 Certificate in Swedish Body Massage: Modules include anatomy and physiology, client assessment and practical massage.

VTCT Level 3 Unit Credit in Body & Facial Electricals: This course is designed to develop knowledge of advanced facial electrical techniques. Contents include face and body analysis, steamer, galvanic, vacuum suction and electrical muscle stimulator (faradic).

VTCT Level 3 Diploma in Indian Head Massage: This course is designed to develop a knowledge and practical appreciation of Indian Head Massage

VTCT Level 3 Diploma in Reflexology: This course is designed to provide a practical and theoretical understanding of Anatomy, Physiology and Reflexology.



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Hairdressing Short Courses and Workshops

Whether you are a complete beginner or a senior stylist who is looking to increase their skills, Kingston College offers a selection of one and two day workshops.

**Complete
Beginners**

Basic Cutting Blockhead Diploma: A two day course where you will learn the foundation techniques of cutting



**Junior stylists/
industry
returnees**

Men's Classic Cuts:

A one day course where you will learn classic clipper work. This is an invaluable opportunity to learn the foundation techniques of cutting men's hair.

Classic Long Hair Diploma:

A one day course for stylists looking for inspiration on long hair work. From essential to avant garde, this course offers everything a stylist needs to know about long hair.



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Hairdressing Short Courses and Workshops

**Senior Stylists –
Minimum five
years experience**

Creative Cutting and Colour Diploma:

A one day course that shows you the latest trends and colouring techniques. You will learn beautiful commercial looks and the technical know-how.

**Advanced Long Hair/Bridal
Diploma:**

A one day course designed for stylists wishing to bring a contemporary edge to bridal hair, covering all hair lengths and textures.

**Salon
Managers,
Senior Stylists
and Stylists**

Level 2 Award in Contact Dermatitis Prevention:

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